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Using Acupuncture to Improve the Success Rates of In Vitro Fertilization (IVF)

By Aimee Raupp, LAc

Most of us are aware of the scientific research articles that were published in esteemed journals such as *Fertility and Sterility* and *BMJ* showing how patients



receiving acupuncture before and after IVF transfer improved the success rates of IVF. Most of us talk to our fertility patients about these studies. Most of us employ this practice in our clinics—we see our patients right before and after IVF transfer and follow a similar point prescription to the one depicted in the research papers. And, when we are treating our fertility patients for months or longer and they are faced with the IVF, we are there to support them and guide them.

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